The School of Humanities, Arts, and Sciences is named for its three academic foci: the Humanities; the Visual, Media, and Performing Arts; and the Natural and Social Sciences. All three areas of study play an equally important role in the education of students. These three areas, taken together, comprise the liberal arts, a foundational element of the historic College of St. Catherine and one major component of the university’s three-part mission.

The Humanities explore crucial questions about what it means to be a thinking, imaginative, and creative human being. The Arts provide students and the university community with opportunities to develop their creative potential. Scientific literacy is crucial for our 21st-century global environment and economy, and the departments in the natural and social sciences help students become scientifically literate citizens.

Overall, the School of Humanities, Arts, and Sciences prepares students with the knowledge and skills to be successful in a wide variety of careers and in graduate and professional programs. Students learn to understand deeply, analyze critically, explore and judge available solutions, and take effective, ethical action in increasingly complex and ever-changing global communities.

The School offers more than 25 majors and 30 minors, including some of the most popular majors for students: psychology, English, and biology. The School houses St. Kate's first-ever graduate program, the Master of Arts in Theology, and launched its newest graduate program, the Master of Arts in Interpreting Studies and Communication Equity, in Summer 2016.