CHEMICAL DEPENDENCY COUNSELING (CDC)

CDC 3000 Chemical Dependency/Addiction and Recovery - Assessment and Intervention — 4 credits
This course provides the student with an introduction to the philosophy of addiction treatment and an overview of the addiction process, prevention, treatment and recovery. Students will acquire the knowledge and skills needed for holistic practice with clients dealing with a variety of addictions. Students will gain understanding of the trans-disciplinary nature of addiction treatment. Students examine various biological, psychological, environmental and socio-cultural theories of what contributes to addiction. Students also gain understanding and skills for addiction screening, assessment, and intervention as well as an introduction to the range of services that are available regarding addiction and recovery. Offered in the College for Women and the College for Adults.

CDC 3050 Chemical Dependency/Addiction and Recovery - Families and Cultural Diversity — 4 credits
This course is designed to educate students in the provision of alcohol and drug counseling to clients, family members and others who are directly affected by someone using alcohol or other drugs. The course will explore the relationship between addiction and the systems of the family and other cultures. Special attention will be paid to identifying typical long-term responses within various family members and cultural influences on the development and maintenance of addiction. This course is based on an interdisciplinary model of practice. This model incorporates sociological perspectives, cognitive, health and addiction theories. Spirituality in working with addictions is a specific focus, as well as treatment, intervention and the role of the professional in addiction treatment and recovery. Offered in the College for Women and the College for Adults.

CDC 3550 Practicum and Seminar I — 2 credits
Students will participate in a practicum with a community agency working with people experience and/or impacted by addiction and recovery. Students will observe, shadow, and gain beginning practical experience in the procedures that the agency uses to screen, intake, and orient clients to services under the supervision of an agency staff person. Students will also attend a seminar during which they will engage in assignments and activities that connect their practice experience with theory and skills as well as professional consultation. Offered in the College for Women.

CDC 4250 Addiction and Recovery: Practicum and Seminar II — 2 credits
Students will participate in a practicum with a community agency working with people experience and/or impacted by addiction and recovery. Students will observe, shadow, and gain beginning practical experience in the procedures that the agency uses to screen, intake, and orient clients to services under the supervision of an agency staff person. Students will also attend a seminar during which they will engage in assignments and activities that connect their practice experience with theory and skills as well as professional consultation. Offered in the College for Women.

Prerequisite: CDC 3550.

CDC 4350 Co-Occurring Disorders and Pharmacology — 4 credits
Students examine the therapeutic interventions developed for the treatment of addictions and their efficacy on the treatment of concurrent addictive behavior patterns and other mental illnesses. Special attention is focused on personality, mood, and anxiety disorders, and the following potential addictive behavior patterns: gambling, sexual activity, and eating. Students will gain an overview of the basics of pharmacology as applied to various classifications of mood altering chemicals. This will include examination of the interactions between the central nervous systems/ neurotransmitters and drugs/ alcohol, detoxification, withdrawal, pharmaceutical drug interaction and the dynamics of addiction.
Prerequisites: BIOL 1120, PSYC 1001, CDC 3000, CDC 3050.

CDC 4682 Directed Study — 2 credits
Directed study is provided for students whose unusual circumstances prohibit taking a regularly scheduled course but who need the material of that course to satisfy a requirement. Availability of this faculty-directed learning experience depends on faculty time and may be limited in any given term and restricted to certain courses.
Prerequisites: Faculty, department chair and dean approval.

CDC 4952 Independent Study — 2 credits
Independent study offers students the opportunity for specialized research not covered in a course offering, by the action project or thesis. Students work with a faculty advisor to develop a learning contract, which specifies the content and objectives of the study as well as the requirements and procedures for evaluation. The amount of credit earned for the study also is included in the learning contract.
Prerequisites: Permission of the faculty and department chair or program director.