

OCCUPATIONAL THERAPY (OTA)

OTA 1040 Clinical Conditions – 2 credits

This course provides an introduction to common clinical conditions seen in occupational therapy practice. As an essential component to this course, participants will locate, read, and understand professional literature related to common clinical conditions utilizing best practice guidelines for evidence based evaluation. Major topic areas include an overview of various diagnoses including etiology, incidence, signs and symptoms, medical management, prognosis, and the impact of the illness on a person's occupational performance. Offered in the College for Adults.

Prerequisites: OTA 1020, OTA 1030, OTA 1050, OTA 3250.

Corequisites: OTA 1215, OTA 1250, OTA 1275, OTA 1305.

OTA 1100 Foundations of Human Occupation with Lab – 2 credits

This course introduces the foundational theories, practice framework, and values of occupational therapy practice. Occupational participation is examined across the life span and from wellness to disability. Students learn activity analysis, use of adapted technologies, and safe positioning and transfer techniques. Critical thinking is emphasized.

Prerequisite: Admission to OTA.

Corequisite: OTA 1120.

OTA 1120 Role of the OTA – 2 credits

This course introduces the history and philosophy of the occupational therapy practice. It examines the theory of occupational performance and its relationship to basic need satisfaction, the elements of the OT process, documentation, the occupational therapy frames of reference and the ethics and core values of occupational therapy. Occupational therapy assistant roles and responsibilities are emphasized including supervisory relationships with the occupational therapist.

Prerequisite: Admission to OTA.

Corequisite: OTA 1100.

OTA 1140 Psychosocial Approaches I with Lab – 2 credits

This course examines concepts, theories, and models influencing occupational therapy practice for individuals with mental health problems. Mental health conditions are discussed including signs, symptoms, risk factors, and medical management. Emphasis is on the social and environmental determinants of mental health across the lifespan. Approaches to maintaining good mental health are introduced.

Prerequisites: OTA 1100, OTA 1120.

Corequisite: OTA 1150.

OTA 1150 Professional Growth and Engagement – 2 credits

This course addresses professionalism, self-awareness, professional behaviors, interprofessional practice, team skills, communication, and leadership. Service learning is integrated into the course where experiences are linked to information learned in course content.

Prerequisites: OTA 1100, OTA 1120.

Corequisite: OTA 1140.

OTA 1215 Client Support Skills with Lab – 4 credits

This course covers the basic skills necessary to interact with clients throughout the lifespan, regardless of specific diagnosis or client factors and how certain client factors and deficits in performance skills can interfere with daily occupations. The student will gain familiarity of the role of the occupational therapy assistant in the following areas: basic principles of problem identification, treatment implementation, activity adaptation and analysis, observation, assessment, professional documentation, interpersonal communication and the use of assistive and adaptive technology. Major topic areas include safety, strength, endurance, prehension, range of motion, infection control, vital signs, body mechanics, work simplification, ergonomics, energy conservation techniques, assistive and adaptive technology, positioning and transportation of a client, ADL skills, IADL skills and home modifications. Lessons are highly integrated with lab sessions. Offered in the College for Adults.

Prerequisites: OTA 1020, OTA 1030, OTA 1050, OTA 3250.

Corequisites: OTA 1040, OTA 1250, OTA 1275, OTA 1305.

OTA 1250 Aging – 2 credits

This course explores the role of the occupational therapy assistant in working with the aging population. Major topic areas include the process of aging and the impact on occupational performance, treatment techniques for working with the elderly, guidelines for supervision and management of activities/recreation programs, death and dying, dementia, caregiving, aging in place and driving. Offered in the College for Adults.

Prerequisites: OTA 1020, OTA 1030, OTA 1050, OTA 3250.

Corequisites: OTA 1040, OTA 1250, OTA 1275, OTA 1305.

OTA 1275 Level I Fieldwork – 2 credits

In this course students learn and practice treatment techniques on campus for two weeks and are then assigned to two different fieldwork sites in the community. The course meets two days per week on Tuesdays and Thursdays and the students will observe and have hands on experience with individuals with disabilities on Tuesdays and will work with the aging population on Thursdays. This is a field experience course taught in conjunction with OSOT 1305 AND OSOT 1250. The content from these courses is applied within the fieldwork settings. Offered in the College for Adults.

Prerequisites: OTA 1020, OTA 1030, OTA 1050, OTA 3250.

Corequisites: OTA 1040, OTA 1215, OTA 1250, OTA 1305.

OTA 1280 Level I Fieldwork – 1 credit

This course provides students with initial exposure to clinical settings in the community. An emphasis is placed on professional behaviors, teamwork, group facilitation, therapeutic use of self, and application of content learned in previous and current courses.

Prerequisites: OTA 1100, OTA 1120, OTA 1140, OTA 1150.

OTA 1290 Level I Fieldwork – 1 credit

This course provides students with initial exposure to clinical settings in the community. An emphasis is placed on professional behaviors, teamwork, group facilitation, therapeutic use of self, and application of content learned in previous and current courses.

Prerequisite: OTA 1280.

OTA 1305 Therapeutic Applications I with Lab – 3 credits

This course is the first of three therapeutic applications courses concentrating on treatment approaches used with the developmentally delayed population. The course begins with a review of normal growth and development followed with service delivery models, theory and therapeutic intervention strategies for client factors/performance skill deficits typically associated with this population. Current treatment theories and the role of the OTA in the areas of assessment, program planning, program intervention/re-evaluation, and discontinuation are presented. Teaching methods include supplemental readings, lecture, experiential labs, case studies, assignments, role plays, technology, guest speakers, and audio visual materials. This course is taught in conjunction with the Level I Fieldwork. If a student is unsuccessful in this course she or he will have to withdraw from the fieldwork experience that coordinates with it. Offered in the College for Adults.

Prerequisites: OTA 1020, OTA 1030, OTA 1050, OTA 3250, BIOL 2400.

Prerequisite with concurrency: PSYC 2020.

Corequisites: OTA 1040, OTA 1215, OTA 1250, OTA 1275.

OTA 2240 Psychosocial Approaches II – 2 credits

Students will know and demonstrate the basic skills needed for entry level OTA practice in multiple psychosocial settings, across the age span, and mental health continuum, using assessment tools and intervention strategies.

Prerequisites: OTA 1140, OTA 1150.

Corequisites: OTA 1280, OTA 2250.

OTA 2250 Rehabilitation Practice I with Lab – 2 credits

This course focuses on intervention for performance skill issues due to client factors associated with impaired motor and process skills issues such as mental functioning, sensory processing, and musculoskeletal functions. Major topic areas include: current intervention theories and the role of the OTA in the areas of planning, implementation of intervention strategies, and program discontinuation for musculoskeletal and systematic disorders. Emphasis is on use of meaningful occupation and understanding of individual performance contexts and patterns. Lessons are highly integrated with lab sessions.

Prerequisites: OTA 1140, OTA 1150.

Corequisites: OTA 1280, OTA 2240.

OTA 2260 Rehabilitation Practice II – 3 credits

This course focuses on intervention for performance skill issues due to client factors associated with impaired motor and process skills issues such as mental functioning, sensory processing, and musculoskeletal functions. Major topic areas include: current treatment theories and the role of the OTA in the areas of planning, implementation of treatment programs, and program discontinuation for neurological disorders. Emphasis is on use of meaningful occupation and understanding of individual performance contexts and patterns. Lessons are highly integrated with lab sessions.

Prerequisites: OTA 1280, OTA 2240, OTA 2250.

Corequisite: OTA 2270.

OTA 2270 Pediatric Practice I with Lab – 3 credits

This course introduces the occupational therapy assistant student to developmental theories and principles. Students will learn how to assess child and adolescent development to describe pediatric interventions for identified areas of occupation as well as motor and/or process challenges. This foundation of pediatric practice will prepare the student for identifying areas in which occupational therapy influences children's access to daily activities. At the completion of this course students will be able to advocate for occupational therapy services within pediatric and adolescent populations.

Prerequisites: OTA 1280, OTA 2240, OTA 2250.

Corequisite: OTA 2260.

OTA 2305 Therapeutic Applications III with Lab – 3 credits

This course focuses on intervention for performance skill issues due to client factors associated with impaired motor and process skills issues such as mental functioning, sensory processing, and neuromusculoskeletal functions. Current treatment theories and the role of the OTA in the areas of assessment, planning, implementation of treatment programs, program discontinuation, service management, continuing education and public relations are presented. Emphasis is on use of meaningful occupation and understanding of individual performance contexts and patterns. Throughout the course, class activities and role-play experiences provide opportunities to integrate these concepts and theories. This course is followed by a Level II Fieldwork experience. Offered in the College for Adults.

Prerequisites: OTA 2330, OTA 2360, OTA 2400.

Corequisites: OTA 2350, OTA 2410.

OTA 2330 Therapeutic Applications II with Lab – 2 credits

This course is an introduction to the use of occupational therapy for clients with psychosocial dysfunction. Emphasis is on the use of client centered, meaningful occupation for skill development and enhancement and the prevention of decline in occupational performance across the lifespan. Current treatment theories, clinical reasoning and the role of the OTA in assessment, program planning, intervention and discontinuation with this population are presented. Offered in the College for Adults.

Prerequisites: OTA 1040, OTA 1210 or OTA 1215, OTA 1250, OTA 1270 or OTA 1275, OTA 1300 or OTA 1305, PSYC 1000.

OTA 2350 Level II Fieldwork – 6 credits

This course is designed to give students the opportunity for practical application of content in the area of physical disabilities. Students are assigned to appropriate settings in the community under the supervision of an approved occupational therapy fieldwork educator for eight weeks per Accreditation Counsel for Occupational Education (ACOTE). Level II Fieldwork provides students the opportunity to transmit the values and beliefs of occupational therapy into ethical practice and to develop professionalism and competence as ongoing career responsibilities.

This course is designed to give students the opportunity for practical application of content in a variety of practice areas. Students are assigned to appropriate settings in the community under the supervision of an approved occupational therapy fieldwork educator for eight weeks per Accreditation Counsel for Occupational Education (ACOTE). Level II Fieldwork provides students the opportunity to transmit the values and beliefs of occupational therapy into ethical practice and to develop professionalism and competence as ongoing career responsibilities. Students will apply the elements of the occupational therapy process including assessment, treatment intervention, discharge planning, and documentation with clients. Students will demonstrate knowledge and integration of psychosocial factors that influence engagement in occupation in all settings. In addition, students will continue to develop and apply skills in group dynamics, leadership, inter- and intra-professional interactions and activity analysis. Students will be evaluated using the American Occupational Therapy Association Performance Evaluation per ACOTE guidelines.

Prerequisites: OTA 1280, OTA 1290.

OTA 2355 Level II Fieldwork – 6 credits

This course is designed to give students the opportunity for practical application of content in a variety of practice areas. Students are assigned to appropriate settings in the community under the supervision of an approved occupational therapy fieldwork educator for eight weeks per Accreditation Counsel for Occupational Education (ACOTE). Level II Fieldwork provides students the opportunity to transmit the values and beliefs of occupational therapy into ethical practice and to develop professionalism and competence as ongoing career responsibilities. Students will apply the elements of the occupational therapy process including assessment, treatment intervention, discharge planning, and documentation with clients. Students will demonstrate knowledge and integration of psychosocial factors that influence engagement in occupation in all settings. In addition, students will continue to develop and apply skills in group dynamics, leadership, inter- and intra-professional interactions and activity analysis. Students will be evaluated using the American Occupational Therapy Association Performance Evaluation per ACOTE guidelines.

OTA 2360 Level II Fieldwork – 6 credits

This course is designed to give students the opportunity for practical application of content in a variety of practice areas. Students are assigned to appropriate settings in the community under the supervision of an approved occupational therapy fieldwork educator for eight weeks per Accreditation Counsel for Occupational Education (ACOTE). Level II Fieldwork provides students the opportunity to transmit the values and beliefs of occupational therapy into ethical practice and to develop professionalism and competence as ongoing career responsibilities. Students will apply the elements of the occupational therapy process including assessment, treatment intervention, discharge planning, and documentation with clients. Students will demonstrate knowledge and integration of psychosocial factors that influence engagement in occupation in all settings. In addition, students will continue to develop and apply skills in group dynamics, leadership, inter- and intra-professional interactions and activity analysis. Students will be evaluated using the American Occupational Therapy Association Performance Evaluation per ACOTE guidelines.

Prerequisites: OTA 1280, OTA 1290.

OTA 2365 Level II Fieldwork – 6 credits

This course is designed to give students the opportunity for practical application of content in a variety of practice areas. Students are assigned to appropriate settings in the community under the supervision of an approved occupational therapy fieldwork educator for eight weeks per Accreditation Counsel for Occupational Education (ACOTE). Level II Fieldwork provides students the opportunity to transmit the values and beliefs of occupational therapy into ethical practice and to develop professionalism and competence as ongoing career responsibilities. Students will apply the elements of the occupational therapy process including assessment, treatment intervention, discharge planning, and documentation with clients. Students will demonstrate knowledge and integration of psychosocial factors that influence engagement in occupation in all settings. In addition, students will continue to develop and apply skills in group dynamics, leadership, inter- and intra-professional interactions and activity analysis. Students will be evaluated using the American Occupational Therapy Association Performance Evaluation per ACOTE guidelines.

OTA 2370 Pediatric Practice II – 2 credits

In this course students will learn to apply the OT process with special consideration for the pediatric and adolescent population. Students will appraise pediatric conditions and development (applying knowledge from the Pediatric Practice I course) in order to design interventions unique and specific to children and adolescents. Intervention techniques and strategies addressing physical and psychosocial pediatric needs will be explored to promote inclusion of children in their daily occupations and contexts. As a familiar context for many childhood occupations, occupational therapy services with the school setting will be discussed. By the conclusion of this course students will demonstrate an understanding of documentation standards to communicate the value of occupational therapy services to meet the needs of pediatric clients.

Prerequisites: OTA 2260, OTA 2270.

Corequisites: OTA, 1290, OTA 2380.

OTA 2380 Aging with Lab – 2 credits

This course explores the role of the occupational therapy assistant in working with the aging population. Major topic areas include the process of aging, treatment techniques for working with the elderly, guidelines for supervision and management of activities/recreation programs, dementia, caregiving, and death and dying.

Prerequisites: OTA 2260, OTA 2270.

Corequisites: OTA 1290, OTA 2370.

OTA 2390 Primary Care and OT – 2 credits

This course addresses emerging practice areas for occupational therapy on interprofessional teams. The primary care needs of individuals and communities across the lifespan are emphasized. The service delivery model is community-based practice addressing prevention and risk-reduction for chronic conditions. The distinct role of the OTA on primary healthcare teams is related to understanding roles, habits, and routines to health and wellness and how to influence positive changes.

Prerequisites: OTA 1290, OTA 2370, OTA 2380.

Corequisite: OTA 2420.

OTA 2400 Practice Models and Professional Issues I – 1 credit

This course explores a variety of occupational therapy service delivery models, specialty practice settings and/or in emerging practice. Topics vary and may include, but are not limited to: community mental health settings, Clubhouse Model, homeless populations, torture survivors and programs in shelters and support agencies. The course addresses professional issues related to evidence based practice, leadership, ethics, advocacy, reimbursement, and program evaluation in the context of current global social issues. Offered in the College for Adults.

Prerequisites: OTA 1040, OTA 1210 or OTA 1215, OTA 1250, OTA 1270 or OTA 1275, OTA 1300 or OTA 1305.

OTA 2410 Practice Models and Professional Issues II – 1 credit

This course explores a variety of occupational therapy practice settings including specialty and/or emerging practice. Topics vary and may include but are not limited to: lifestyle balance/health promotion, life coaching, hand therapy including use of superficial thermal and mechanical modalities, community programs, home modification, industrial work programs/ergonomics, and driving programs. The course addresses professional issues related to leadership and followership as well as information on job seeking including résumé writing. National requirements for credentialing and requirements for licensure, certification, or registration under state laws are also covered. Offered in the College for Adults.

Prerequisites with concurrency: OTA 2330, OTA 2400.

OTA 2420 Applied Skills with Lab – 2 credits

This course enhances the student's skills and critical thinking throughout the occupational therapy process with clients across the age span and disability continuum in multiple service delivery modes. Case studies are used to organize the learning and prepare students for professional OTA practice.

Prerequisites: OTA 1290, OTA 2370, OTA 2380.

Corequisite: OTA 2390.

OTA 2681 Directed Study – 1 credit

OTA 2685 Directed Study – 5 credits

Directed study is provided for students whose unusual circumstances prohibit taking a regularly scheduled course but who need the material of that course to satisfy a requirement. Availability of this faculty directed learning experience depends on faculty time and may be limited in any given term and restricted to certain courses.

Prerequisites: Faculty, department chair and dean approval.

OTA 2686 Directed Study: – 6 credits

Directed study is provided for students whose unusual circumstances prohibit taking a regularly scheduled course but who need the material of that course to satisfy a requirement. Availability of this faculty directed learning experience depends on faculty time and may be limited in any given term and restricted to certain courses.

Prerequisites: Faculty, department chair and dean approval.