The nutrition science program develops scientifically literate professionals who can confidently articulate the integration of food, nutrition, health, and societal issues. This flexible program pairs a rich nutrition foundation with interdisciplinary and research experiences.

The nutrition science program prepares students for a variety of entry-level jobs. It also serves as excellent preparation for graduate studies in nutrition, food science, and public health – and can also be considered as a foundation for advanced studies in fields such as health communication, biotechnology, or health care administration. Nutrition science also offers a natural transition into professional programs such as: medical, dental, physical therapy, occupational therapy, physician assistant, or chiropractic programs.

The foundation of the nutrition science degree includes biology, chemistry, biochemistry, and physiology courses. The science-based courses serve as a gateway into the advanced nutrition courses, while also meeting the necessary requirements for admission into most graduate and professional programs.

This curriculum keeps nutrition and food at its core while placing emphasis on health and policy related issues. The following courses are just a few highlights within the nutrition science program.

- **Food Systems and Policy** provides a critical look into how foods go from seeds to store shelves and the policies that influence food production and consumption.
- **Experimental Foods and Nutrition** allows students to complete an original research project.
- **Health Behavior Psychology** introduces theories and models used to explore an individual’s health-related behaviors.

The nutrition science program can accommodate the needs and interests of many students including those interested in pursuing a minor program of study. For example, complementary studies in business, communication, or integrated marketing would be an excellent minor for a nutrition science student.

The nutrition science program encourages field work, volunteer, and/or internship positions that will help students network and identify career paths. As well, nutrition science students are encouraged to participate in undergraduate research with faculty. These research experiences are designed to be collaborative in nature, meaningful to both students and faculty.


This minor is offered in the College for Women only.

### Curriculum

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
</tr>
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<tbody>
<tr>
<td>EXSS 3200</td>
<td>Health Behavior Psychology</td>
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### Nutrition Science - BA, BS

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<tbody>
<tr>
<td>FSNU 2300</td>
<td>Nutrition Foundations</td>
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<tr>
<td>FSNU 2900</td>
<td>Food Science</td>
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<td>FSNU 3150</td>
<td>Food Systems and Policy</td>
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<td>FSNU 3350</td>
<td>Lifelong Nutrition</td>
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<tr>
<td>FSNU 4270</td>
<td>Current Issues in Foods and Nutrition</td>
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<td>FSNU 4300</td>
<td>Advanced Nutrition</td>
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<tr>
<td>FSNU 4310W</td>
<td>Experimental Foods and Nutrition with Lab</td>
<td>4</td>
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<tr>
<td>IPE 4200W</td>
<td>Healthcare Teams - Evidence-Based Practice</td>
<td>4</td>
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</table>

Select four credits from the following:

- FSNU 2800 Intercultural and Community Nutrition with Lab
- FSNU 3250 Sports Nutrition
- FSNU 3550 Food and Nutrition Management
- FSNU 3600 Foodservice Operations Management with Lab
- FSNU 3770 Nutrition Education and Counseling
- FSNU 4350 Medical Nutrition Therapy I
- FSNU 4375 Medical Nutrition Therapy II with Lab
- IPE 1030 Healthcare Teams Foundations and Medical Terminology

<table>
<thead>
<tr>
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<tbody>
<tr>
<td>BIOL 1710</td>
<td>Foundations of Biology I with Lab</td>
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<tr>
<td>BIOL 1720</td>
<td>Foundations of Biology II with Lab</td>
<td>4</td>
</tr>
<tr>
<td>BIOL 2610</td>
<td>Human Anatomy and Physiology I with Lab</td>
<td>4</td>
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<tr>
<td>BIOL 2620</td>
<td>Human Anatomy and Physiology II with Lab</td>
<td>4</td>
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<tr>
<td>CHEM 1110</td>
<td>General Chemistry I with Lab</td>
<td>4</td>
</tr>
<tr>
<td>CHEM 1120</td>
<td>General Chemistry II with Lab</td>
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<td>CHEM 2010</td>
<td>Organic Chemistry I with Lab</td>
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<td>CHEM 2400</td>
<td>Nutritional Biochemistry</td>
<td>4</td>
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<tr>
<td>PSYC 1001</td>
<td>General Psychology with Lab</td>
<td>4</td>
</tr>
</tbody>
</table>

Select one from the following:

- ECON 1090 Statistical Analysis for Decision Making
- HLTH 1090 Biostatistics
- PSYC 1090 Statistical Methods in Psychology
- STAT 1089 Statistical Analysis with Corequisite
- STAT 1090 Statistical Analysis

Total Credits 40

Nutrition science majors satisfy the Writing Requirement for Majors and the fourth writing requirement by completing IPE 4200W Healthcare Teams - Evidence-Based Practice and FSNU 4310W Experimental Foods and Nutrition with Lab. They complete the Liberal Arts and Sciences Core Writing Requirement with two other writing-intensive courses (CORE 1000W The Reflective Woman or CORE 2000W The Reflective Woman, and CORE 3990W Global Search for Justice).