The nutrition science program develops scientifically literate professionals who can confidently articulate the integration of food, nutrition, health, and societal issues. This flexible program pairs a rich nutrition foundation with interdisciplinary and research experiences.

The nutrition science program prepares students for a variety of entry-level jobs. This program serves as excellent preparation for graduate studies in nutrition, food science, and public health – and can also be considered as a foundation for advanced studies in fields such as health communication, biotechnology, or health care administration. Nutrition science also offers a natural transition into professional programs such as: medical, dental, physical therapy, occupational therapy, physician assistant, or chiropractic programs.

The foundation of the nutrition science degree includes biology, chemistry, biochemistry, and physiology courses. The science-based courses serve as a gateway into the advanced nutrition courses, while also meeting the necessary requirements for admission into most graduate and professional programs.

This curriculum keeps nutrition and food at its core while placing emphasis on health and policy related issues. The following courses are just a few highlights within the nutrition science program.

- **Health Coaching** offers exploration into the growing field of coaching and provides insights into several opportunities for further coaching certifications.

- **Food Systems and Policy** provides a critical look into how foods go from seeds to grocery store shelves and the policies that influence food production and consumption.

- **Experimental Foods and Nutrition** allows students to complete an original research project.

The nutrition science program can accommodate the needs and interests of many students including those interested in pursuing a minor program of study. For example, complementary studies in business, communication studies, or integrated marketing would be an excellent minor for a nutrition science student.

The nutrition science program encourages field work, volunteer, and/or internship positions that will help students network and identify career paths. As well, nutrition science students are encouraged to participate in undergraduate research with faculty. These research experiences are designed to be collaborative in nature, meaningful to both students and faculty, and contribute to ongoing scholarship.

See also: Dietetics (catalog.stkate.edu/undergraduate/health/nutrition-exercise-science/dietetics-ba-bs), Exercise Science and Nutrition (catalog.stkate.edu/undergraduate/health/nutrition-exercise-science/exercise-science-nutrition-ba-bs), 3 + 2 Master of Public Health program (catalog.stkate.edu/undergraduate/preprofessional-programs/prepublic-health)

This minor is offered in the College for Women only.

### Curriculum

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<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
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<tbody>
<tr>
<td>FSNU 2300</td>
<td>Nutrition Foundations</td>
<td>4</td>
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Nutrition science majors satisfy the Writing Requirement for Majors and the fourth writing requirement by completing IPE 4200W Healthcare Teams - Evidence-Based Practice and FSNU 4310W Experimental Foods and Nutrition with Lab. They complete the Liberal Arts and Sciences Core Writing Requirement with two other writing-intensive courses (CORE 1000W The Reflective Woman or CORE 2000W The Reflective Woman, and CORE 3990W Global Search for Justice).