

MA HOLISTIC HEALTH STUDIES - DNP

Program Description

The Holistic Nursing Leader (HNL): Dual Degree option prepares individuals with baccalaureate degrees in nursing to assume practice and leadership positions as doctoral prepared nurses. The HNL Program builds upon the student's previous educational preparation at the baccalaureate level and provides a robust, interprofessional curriculum in holistic health and advanced practice nursing. Upon successfully completing this rigorous academic program of graduate study, graduates will be awarded a Master of Arts degree in Holistic Health Studies (MAHS) and a Doctor of Nursing Practice (DNP). Consistent with the mission of the Department of Nursing, Holistic Health Studies, the Henrietta Schmoll School of Health, and the Graduate College at St. Catherine University, these graduates will be prepared to assume practice and leadership roles in healthcare organizations and systems.

Degree Requirements

A minimum of 72 credits. The overall minimum grade point average of 3.0 on a 4.0 scale is required. Students in the DNP program complete a systems change project prior to graduation.

Years to Complete the Program

Students are expected to complete the DNP Program within seven years of initial enrollment.

Curriculum

Code	Title	Credits
HHS 6700	Foundations of Holistic Health and Wellness	2
HHS 6720	Complementary/Alternative Approaches to Healthcare	2
HHS 6730	Culture as a Resource in Health and Healing	2
HHS 6740	Spiritual Wellness	2
HHS 6760	Ecology and Health	2
HHS 6820	Movement, Relaxation and Health	2
HHS 7500	Core Concepts in Mind/Body Interactions	2
HHS 7520	Women and Holistic Health	2
HHS 7620	Organizing for Social Change	2
HHS 7710	Alternative Approaches to Nutrition	2
HHS 8900	Quantitative and Qualitative Research: Mindful Inquiry	3
HHS 8920	Practicum and Integrative Seminar	2
HHS 8940	Research Methods and Statistics	3
HHS 8980	Research Seminar	2
HLTH 6010	Principles of Epidemiology and Biostatistics I	3
NURS 6012	Basic Graduate Nursing Informatics ¹	2
NURS 7463	Quality and Safety Outcomes in Advanced Nursing Practice	3
NURS 8500	Underpinnings of the Discipline of Nursing	4
NURS 8501	DNP Practicum	1
NURS 8502	DNP Practicum	1
NURS 8503	DNP Practicum	1

NURS 8511	DNP as Change Agent	2
NURS 8512	Nursing and Social Justice	2
NURS 8513	Interprofessional Practice	2
NURS 8514	DNP Practicum	1
NURS 8520	Advanced Evidence-based Practice	4
NURS 8525	Advanced Informatics	2
NURS 8535	Leadership in Organizations and Systems: Implications for Practice	3
NURS 8536	Healthcare Economics and Finance	3
NURS 8540	Health Care: Power, Policy and Politics	4
NURS 8600	DNP Project ²	4
Total Credits		72

¹ NURS 6012 is a prerequisite course taken only by students with no prior course work in nursing informatics.

² May also be completed by taking NURS 8610 (<http://catalog.stkate.edu/search/?P=NURS%208610>) DNP Project: Part 1 and NURS 8620 (<http://catalog.stkate.edu/search/?P=NURS%208620>) DNP Project: Part 2 (2 cr each) or four 1-credit courses.