

CHEMICAL DEPENDENCY COUNSELING (CDC)

CDC 3000 Chemical Dependency Counseling: Assessment and Intervention – 4 credits

This course provides the student with an introduction to the philosophy of addiction treatment and an overview of the addiction process, prevention, assessment, treatment and recovery. Students will acquire the knowledge and skills needed for holistic practice with clients dealing with a variety of substance use disorders and behavioral addictions. Students will gain understanding of the trans-disciplinary nature of addiction treatment. Students examine various biological, psychological, environmental and socio-cultural theories of what contributes to addiction. Students also gain understanding and skills for addiction screening, assessment, and intervention as well as an introduction to the range of services that are available regarding addiction and recovery.

CDC 3050 Culturally Responsive Addiction and Recovery Counseling - Individuals and Families – 4 credits

This course is designed to educate students in the provision of alcohol and drug counseling to clients, family members and others who are directly affected by someone using alcohol or other drugs. The course will explore the relationship between addiction and the systems of the family and other cultures. Special attention will be paid to identifying typical long-term responses within various family members and cultural influences on the development and maintenance of addiction. This course is based on an interdisciplinary model of practice. This model incorporates sociological perspectives, cognitive, health and addiction theories. Spirituality in working with addictions is a specific focus, as well as treatment, intervention and the role of the professional in addiction treatment and recovery. Offered in the College for Women and the College for Adults.

CDC 4350 Co-Occurring Disorders and Pharmacology – 4 credits

Students examine the therapeutic interventions developed for the treatment of addictions and their efficacy on the treatment of concurrent addictive behavior patterns and other mental illnesses. Special attention is focused on personality, mood, and anxiety disorders, and the following potential addictive behavior patterns: gambling, sexual activity, and eating. Students will gain an overview of the basics of pharmacology as applied to various classifications of mood altering chemicals. This will include examination of the interactions between the central nervous systems/ neurotransmitters and drugs/ alcohol, detoxification, withdrawal, pharmaceutical drug interaction and the dynamics of addiction.

CDC 4604 Internship – 4 credits

This course is a structured out-of-class learning experience that takes place on or off campus and includes a substantial work component. It is not to be confused with the required internships for juniors and seniors who are majoring in social work. An internship involves you in the profession in an exploratory way to test career interests and potential. To initiate an internship experience, meet with the internship coordinator in the Career Development Office.

Prerequisites: Faculty sponsorship and approval by program director.

CDC 4684 Directed Study – 4 credits