

# EXERCISE AND SPORT SCIENCE - MINOR

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This minor is offered in the College for Women only.

## Curriculum

Code	Title	Credits
EXSS 2660	Introduction to Exercise and Sport Science	4
EXSS 3350	Kinesiology and Biomechanics with Lab	4
EXSS 3450	Exercise Physiology with Lab	4
EXSS 3550	Exercise Testing and Prescription with Lab	4
EXSS 3750	Care and Prevention of Athletic Injuries	2
FSNU 2300	Nutrition Foundations	4
<b>Total Credits</b>		<b>22</b>

Code	Title	Credits
<b>Required Supporting Courses:</b>		
BIOL 2610	Human Anatomy and Physiology I with Lab	4
BIOL 2620	Human Anatomy and Physiology II with Lab	4