

PSYCHOLOGY - BA

The St. Kate's psychology major provides an outstanding foundation upon which to pursue graduate work or a career in a range of professional fields and professional studies. Many psychology students enter graduate programs in the mental health fields of counseling or clinical psychology, in school psychology or in experimental areas of the field. Others pursue professional degrees in law, medicine, industrial relations, physical therapy, occupational therapy or public health.

Psychology serves as a sound liberal arts major because the discipline broadly spans the humanities and social and natural sciences. St. Kate's graduates have found positions immediately after graduation in schools working with students with special needs and as caseworkers in residential treatment centers, group homes and shelters. Others work in the legal system as victim advocates, as medical or social science researchers, as human resource professionals, as child life advocates in a hospital pediatric unit, and in various non-profit organizations. Our curriculum includes a sophomore-level seminar that focuses on helping students explore their future career options.

For upper-division psychology majors who have demonstrated excellence in their course work, paid positions are available as teaching assistants. These unique opportunities allow students to gain professional skills, and to practice teaching while sharing their knowledge and skill with others.

Psychology majors will take courses in psychology, biology and other supporting areas, and are encouraged to participate in a broad, liberal arts curriculum. Many students pursue internships, which are available at a wide variety of social service and health agencies. Internship sites include the Hennepin County Juvenile Detention Center, the Wilder Foundation, Minnesota Department of Public Safety, Veterans Administration Medical Center, Minneapolis Children's Medical Center, First Call for Help, the American Red Cross, the American Heart Association, the Arthritis Foundation, Tubman and Fraser.

Students may choose to double major in psychology and other fields, such as education, art, communication studies, nursing, or social work.

See also: Applied Science in Psychology (<https://catalog.stkate.edu/undergraduate/humanities-arts-sciences/psychology/applied-science-psychology-ba-bs/>), **Pre-Physical Therapy** (<https://catalog.stkate.edu/undergraduate/preprofessional-programs/prephysical-therapy/>)

This major is offered in the College for Women.

Curriculum

The psychology major consists of 40 credits

Code	Title	Credits
Required Psychology Courses		
PSYC 1000 or PSYC 1001	General Psychology General Psychology with Lab	4
PSYC 1090	Statistical Methods in Psychology ¹	4
PSYC 2850	Seminar I: Psychology Engages the World	2
PSYC 3000	Research Methods in Psychology	4
PSYC 4220W	History and Systems	4
PSYC 4850	Seminar II: Current Issues in Psychology	2

Select at least two 3000- or 4000-level psychology courses offering laboratory research. These may include, but are not limited to:

PSYC 3030	Health Psychology with Lab
PSYC 3250	Socialization Processes with Lab
PSYC 3350	Learning Principles and Applications with Lab
PSYC 3450	Memory and Cognition with Lab
PSYC 3550	Industrial/Organizational Psychology with Lab
PSYC 3650	Experimental Social Psychology with Lab
PSYC 3850	Biopsychology with Lab
PSYC 4700	Answering Psychological Questions with Meta-Analysis with Lab
PSYC 4450	Psychology of Eating with Lab
PSYC 4994	Topics

Select at least one of the following (if both taken, one may count as a PSYC Elective):

PSYC 3010	Understanding Psychological Disorders
PSYC 3020	Personality Theories

Select at least two elective 4-credit courses from the remaining department offerings, which may include internships, research, independent study, additional 3000- or 4000-level laboratory classes, or electives. Elective courses may include, but are not limited to:

PSYC 2020	Lifespan Developmental Psychology
PSYC 2025	Lifespan Developmental Psychology (A student may take either PSYC 2020 or PSYC 2025.)
PSYC 2040	Basic Counseling Skills
PSYC 3005	Psychology of Grief Loss and Trauma
PSYC 3040	Introduction to Clinical and Counseling Psychology
PSYC 3050	Psychology of Gender
PSYC 3600	Social Psychology
PSYC 3820	Philosophy of Mind
PSYC 4010	Educational Psychology

Total Credits **40**

Code	Title	Credits
Required Supporting Courses		
	One biology class with lab	4
	Select one of the following:	4
	One biology class with lab	
	One chemistry class with lab	
	One data science class	
	One physics class with lab	
	One statistics class ²	
	Select one of the following:	4
	One communication studies class	
	One leadership class	
	One philosophy class ³	
	One sociology class	
Total Credits		12

¹ Or equivalent statistics course
² Excluding PSYC 1090 Statistical Methods in Psychology
³ Excluding PHIL 2150 Logic

Psychology majors satisfy the Writing Requirement for Majors in PSYC 4220W History and Systems. They complete the Liberal Arts and Sciences Core Writing Requirement with three other writing-intensive courses (CORE 1000W The Reflective Woman, CORE 3990W Global Search for Justice, and any other writing-intensive course in another department).

This major is offered in the College for Adults.

Curriculum

Code	Title	Credits
Required Psychology Courses		
PSYC 1000 or PSYC 1001	General Psychology General Psychology with Lab	4
PSYC 1090	Statistical Methods in Psychology ¹	4
PSYC 2850	Seminar I: Psychology Engages the World	2
PSYC 3000	Research Methods in Psychology	4
PSYC 4220W	History and Systems	4
PSYC 4850	Seminar II: Current Issues in Psychology	2
Select 20 additional PSYC credits (eight of which must be at the 3000- or 4000 level)		20

Total Credits 40

Code	Title	Credits
Required Supporting Courses		
One biology class with lab		4
Select one of the following:		4
One biology class with lab		
One chemistry class with lab		
One data science class		
One physics class with lab		
One statistics class ²		
Select one of the following:		4
One communication studies class		
One leadership class		
One philosophy class ³		
One sociology class		

Total Credits 12

¹ Or equivalent statistics course
² Excluding PSYC 1090 Statistical Methods in Psychology
³ Excluding PHIL 2150 Logic

Psychology majors satisfy the Writing Requirement for Majors in PSYC 4220W History and Systems. They complete the Liberal Arts and Sciences Core Writing Requirement with three other writing-intensive courses (CORE 1000W The Reflective Woman, CORE 3990W Global Search for Justice, and any other writing-intensive course in another department).

Code	Title	Credits
Fall Term		
BIOL 1710	Foundations of Biology: Diversity and Evolution with Lab	4
Or Select one Biology Lab Class		
PSYC 1000 or PSYC 1001	General Psychology General Psychology with Lab	4
Spring Term		
PSYC 1090	Statistical Methods in Psychology	4
Select one Required Supporting Course for Psychology		4
Fall Term		
PSYC 2850	Seminar I: Psychology Engages the World	2
PSYC 3000	Research Methods in Psychology	4
PSYC	Required Supporting Course for Psychology	4
Spring Term		
PSYC 3010 or PSYC 3020	Understanding Psychological Disorders Personality Theories	4
Select one PSYC elective (can be lower division)		4
Fall Term		
Select one from the following Psychology laboratory classes:		4
PSYC 3030	Health Psychology with Lab	
PSYC 3250	Socialization Processes with Lab	
PSYC 3350	Learning Principles and Applications with Lab	
PSYC 3450	Memory and Cognition with Lab	
PSYC 3550	Industrial/Organizational Psychology with Lab	
PSYC 3650	Experimental Social Psychology with Lab	
PSYC 3850	Biopsychology with Lab	
PSYC 4450	Psychology of Eating with Lab	
PSYC 4700	Answering Psychological Questions with Meta-Analysis with Lab	
PSYC 4994	Topics	
Select one 3000- or 4000- level PSYC elective		4
Spring Term		
Select one from the following Psychology laboratory classes:		4
PSYC 3030	Health Psychology with Lab	
PSYC 3250	Socialization Processes with Lab	
PSYC 3350	Learning Principles and Applications with Lab	
PSYC 3450	Memory and Cognition with Lab	
PSYC 3550	Industrial/Organizational Psychology with Lab	
PSYC 3650	Experimental Social Psychology with Lab	
PSYC 3850	Biopsychology with Lab	
PSYC 4450	Psychology of Eating with Lab	
PSYC 4700	Answering Psychological Questions with Meta-Analysis with Lab	
PSYC 4994	Topics	
Fall Term		
PSYC 4220W	History and Systems	4
Spring Term		

PSYC 4850	Seminar II: Current Issues in Psychology	2
Total Credits		52

Code	Title	Credits
Fall Term		
PSYC 1000	General Psychology	4
or PSYC 1001	General Psychology with Lab	
PSYC 2850	Seminar I: Psychology Engages the World	2
Spring Term		
Select one biology lab course		4
Select one Required Supporting Course for Psychology		4
Select one PSYC elective		4
PSYC 1090	Statistical Methods in Psychology	4
Summer Term		
Select one Required Supporting Course for Psychology		4
Fall Term		
PSYC 3000	Research Methods in Psychology	4
PSYC 4220W	History and Systems	4
Select two PSYC electives, at least one at the 3000-level		8
Spring Term		
PSYC 4850	Seminar II: Current Issues in Psychology	2
Select two PSYC electives, at least one at the 3000-level		8
Total Credits		52

Code	Title	Credits
Spring Term		
PSYC 1000	General Psychology	4
or PSYC 1001	General Psychology with Lab	
PSYC 2850	Seminar I: Psychology Engages the World	2
Summer Term		
Select one Required Supporting Course for Psychology		4
Fall Term		
Select one BIOL lab course		4
Select one Required Supporting Course for Psychology		4
Select one PSYC elective		4
PSYC 1090	Statistical Methods in Psychology	4
Spring Term		
PSYC 3000	Research Methods in Psychology	4
Select two PSYC electives, at least one at the 3000-level		8
Fall Term		
PSYC 4220W	History and Systems	4
PSYC 4850	Seminar II: Current Issues in Psychology	2
Select two PSYC electives, at least one at the 3000-level		8
Total Credits		52