

PRE-DIETETICS

Pre-Candidate Accreditation Statement

Beginning Fall 2023, St. Catherine University's Nutrition and Dietetics Department in the Henrietta Schmoll School of Health will (<http://www.stkate.edu/schools/soh/>) open a new and innovative 21-month (4 semesters) graduate program to prepare students to become Registered Dietitian Nutritionists (RDN). This program has candidacy accreditation from ACEND.

*The Accreditation Council for Education in Nutrition and Dietetics (ACEND) Future Education Model Accreditation Standards (<https://www.eatrightpro.org/acend/accreditation-standards-fees-and-policies/future-education-model-standards-and-templates-v2022/>) for programs in nutrition and dietetics integrate didactic coursework with supervised experiential learning in a competency-based curriculum designed to prepare nutrition and dietetics practitioners for future practice.

3+2 Dual Degree Program in Nutrition and Dietetics

St. Catherine University offers two pathways for completing the Master of Science in Nutrition and Dietetics. A dual-degree program is available to undergraduate students resulting in a B.S. degree in Applied Science in Nutrition and Dietetics, and a Master of Science in Nutrition and Dietetics. The entry level Graduate Program in Nutrition and Dietetics is available to students who have completed a B.A. or B.S.

Standard Application Process for the Dual-Degree Program in Nutrition and Dietetics

In this option, students enter the Applied Science in Nutrition and Dietetics major that includes all liberal arts core requirements, major supporting courses, major course work, and pre-requisites for the Master's of Science in Nutrition and Dietetics (MSND) program.

Students apply to the Master's of Science in Nutrition and Dietetics during their junior year. Applicants must complete a dual degree application and meet all other admission criteria for consideration to the program including:

- Junior Status
- Cumulative GPA of 3.0 or better
- Letter grades of C or better for all prerequisite courses
- Successful completion and a competitive score of the MSND Admission Application (based in part on well-written essays, varied related experiences) during your junior year. The application score is based on committee review and an exemplary rating of all elements.
- Meet with your nutrition and dietetics adviser each semester
- Meet all other admission criteria required at the time of application to the program as outlined on the program website.

If accepted into the MSND, students typically are awarded the St. Catherine baccalaureate degree after their senior year. Following successful completion of all the MSND degree requirements the following year, the master's degree is awarded.

Students who are not accepted into the MSND program can seamlessly complete a major in Nutrition Science if desired.

Curriculum

Code	Title	Credits
Required Supporting Courses		
CHEM 1110	General Chemistry I with Lab ¹	4
CHEM 1120	General Chemistry II with Lab ¹	4
BIOL 2200	Introduction to Microbiology with Lab ¹	4
BIOL 2610	Human Anatomy and Physiology I with Lab ¹	4
BIOL 2620	Human Anatomy and Physiology II with Lab ¹	4
EXSS 3200 or PSYC 4450	Health Behavior Psychology ² Psychology of Eating with Lab	4
IPE 1030	Healthcare Teams Foundations and Medical Terminology	2
PHIL 3400	Biomedical Ethics	4
PSYC 1001	General Psychology with Lab ¹	4
PSYC 2025	Lifespan Developmental Psychology	4
Select one from: ¹		4
HLTH 1090	Biostatistics	
STAT 1089	Statistical Analysis with Corequisite	
STAT 1090	Statistical Analysis	
Total Credits		42

¹ Also a graduate program prerequisite

² Check prerequisites before planning a program of study

Code	Title	Credits
Dietetics Courses		
FSNU 2300	Nutrition Foundations	4
FSNU 2400	Food is Medicine	2
FSNU 3400	Sports Nutrition	4
Total Credits		10

Courses taken after admission to the dual-degree program:

Code	Title	Credits
FSNU 4300W	Advanced Nutrition	4
NUTR 5100	Nutrition Education and Counseling	3
NUTR 5300	Professionalism in Dietetics	3
NUTR 5400	Lifecycle Nutrition: Pediatrics	3
NUTR 5450	Lifecycle Nutrition: Adulthood	3
NUTR 5500	Medical Nutrition Therapy I	3
NUTR 5200	Community Nutrition I	3
NUTR 5600	Foodservice and Nutrition Management	3
Total Credits		25

Students who do not gain entry to the MSND program after their junior year complete the following courses for a major (B.S. degree) in nutrition science:

Code	Title	Credits
Major courses:		
FSNU 4602 or FSNU 4604	Internship	2-4
Choose four courses from:		16

FSNU 2900	Food Science with Lab	
FSNU 3340	Life Cycle Nutrition-Peds	
FSNU 3770	Nutrition Education and Counseling	
FSNU 4270	Current Issues in Foods and Nutrition	
FSNU 4350	Medical Nutrition Therapy I	
Choose three courses from:		12
FSNU 3800	Intercultural and Community Nutrition with Lab	
FSNU 3360	Life Cycle Nutrition-Adults	
FSNU 4375	Medical Nutrition Therapy II with Lab	
FSNU 4300W	Advanced Nutrition	4
FSNU 4700	Applied Research ¹	
Total Credits		34-36

¹ FSNU 4700 is only available to seniors who are approved to participate in the program that allows seniors to enroll in a limited number of graduate level courses.

The following graduate courses are taken after the dual-degree student's Bachelor of Science degree is posted:

Code	Title	Credits
NUTR 6200	Community Nutrition II	3
NUTR 6270	Current Issues in Nutrition	3
NUTR 6300	Food Science	3
NUTR 6400	Experimental and Culinary Food and Nutrition	3
NUTR 6500	Medical Nutrition Therapy II	3
NUTR 6600	Foodservice Operations and Production	3
NUTR 6700	Applied Research	3
NUTR 6800	Practicum/Clinicals	3
Total Credits		24