

# PRE-MASTER OF ARTS IN OCCUPATIONAL THERAPY

St. Catherine University offers two alternatives for completing the Master of Arts in Occupational Therapy (MAOT). A dual-degree program is available to undergraduate students resulting in a B.A. or B.S. degree in select majors (see below and Dual Degree Programs tab), and a Master of Arts in Occupational Therapy (MAOT). The graduate entry-level MAOT program is available to students who have completed a B.A. or B.S. in another major. The graduate program is available in a weekday format.

There are three options for [admission](#) to the dual-degree program and the master of arts in occupational therapy (MAOT). Each option requires completion of the following prerequisite courses.

## Prerequisites

*It is strongly recommended that all prerequisite courses be completed within the past 10 years.*

| Code                         | Title  | Credits |
|------------------------------|--|---------|
| BIOL 2610                    | Human Anatomy and Physiology I with Lab              | 4       |
| BIOL 2620                    | Human Anatomy and Physiology II with Lab             | 4       |
| INDI 2220                    | Medical Terminology                                  | 2       |
| or IPE 1030                  | Healthcare Teams Foundations and Medical Terminology |         |
| PSYC 1001                    | General Psychology with Lab                          | 4       |
| PSYC 2025                    | Lifespan Developmental Psychology                    | 4       |
| PSYC 3010                    | Understanding Psychological Disorders                | 4       |
| Select one of the following: |  | 4       |
| SOCI 1000                    | Principles and Concepts of Sociology                 |         |
| SOCI 2300                    | Sociology of Health and Medicine                     |         |
| SOCI 3250                    | Cultural Anthropology                                |         |
| Select one of the following: |  | 4       |
| ECON 1080                    | Statistical Analysis for the Social Sciences         |         |
| ECON 1090                    | Statistical Analysis for Decision Making             |         |
| HLTH 1090                    | Biostatistics  |         |
| PSYC 1090                    | Statistical Methods in Psychology                    |         |
| STAT 1089                    | Statistical Analysis with Corequisite                |         |
| STAT 1090                    | Statistical Analysis                                 |         |

## Option 1: Guaranteed Admission Program (GAP)

Students may apply to the University and to the guaranteed admission program during their senior year in high school. Students must meet the following criteria to be eligible for consideration for the MAOT guaranteed admission program:

*Required:*

- ACT score of 24 or better
- Cumulative GPA of 3.25 or better on a 4.0 scale
- Declare one of the four dual-degree majors (see below) as their intended area of study

Select students are admitted to the guaranteed admission program each year. Students who apply on or before February 15 of their senior year will be given priority consideration for admission to the program.

Once admitted to the GAP pre-OT, students must meet all the admission criteria and submit a standard application as outlined in Option 2 (see below) along with other Dual-Degree Graduate OT Program applicants. GAP pre-OT students who have met all admission and application criteria will be given the first open Dual-Degree spots in the program before other Dual-Degree applicants are considered.

## Option 2: Standard Application Process for the Dual-Degree MAOT Program

In this option, students enter one of the University's pre-occupational therapy areas of study in communication studies, exercise and sport science, psychology, or public health: public policy that include all MAOT prerequisites, liberal arts core requirements, and major course work in the particular field of study.

Students are eligible to apply to the MAOT program in their junior year provided all MAOT admission requirements have been met. Applicants must complete a dual degree application and meet all other admission criteria for consideration to the program including:

- Cumulative GPA of 3.2 or better
- Prerequisite course work GPA of 3.2 or better
- Have met with a pre-occupational therapy advisor
- At least six of the prerequisite courses were completed before applying to the MAOT program, including at least two from the sciences (anatomy, physiology, statistics)
- Only one prerequisite course may be repeated, and it may not be repeated more than once
- If two or more prerequisite courses have a grade lower than a C the student is ineligible for the dual-degree program

Students accepted into the MAOT for their senior year will be granted a B.A. or B. S. degree after successful completion of the first year of the MAOT program if they have met all graduation requirements. The student's major will be public health: public policy, applied science in communication studies, applied science in exercise and sport science, or applied science in psychology. Students continue with approximately one more year of graduate-level occupational therapy coursework to complete the MAOT degree.

Students who are not accepted into the MAOT program can complete a major in communication studies, exercise and sport science, psychology, or public health: public policy. The curriculum for each of the areas of study is listed on the Dual Degree Programs tab.

## Option 3: Entry-Level Master of Arts in Occupational Therapy Program

This option is designed for students who have completed a B.A. or B.S. in another major.

Students are eligible to apply to the MAOT program provided all MAOT admission requirements have been met. Applicants must apply to the program using the OTCAS online application system and meet all admission criteria for consideration to the program including:

- Cumulative GPA of 3.2 or better
- Prerequisite course work GPA of 3.2 or better
- Have met with a pre-occupational therapy advisor
- At least six of the prerequisite courses were completed before applying to the MAOT program, including at least two from the sciences (anatomy, physiology, statistics)
- Only one prerequisite course may be repeated, and it may not be repeated more than once
- If two or more prerequisite courses have a grade lower than a C the student is ineligible for the entry-level Master of Arts in Occupational Therapy program

For more information, please contact the Office of Graduate Admission or the Department of Occupational Therapy at St. Catherine University.

The curriculum for each of the dual degree programs - communication studies, exercise and sport science (p. 2), psychology (p. 3), and public health: public policy (p. 4) - is listed below.

**NOTE: The graduate courses students take after completing their bachelor's degree are listed at the very bottom of this section.**

## Communication Studies

This major is available in the College for Women only.

| Code  | Title   | Credits |
|---|---|---------|
| <b>Required Prerequisite Courses (pre-MAOT)</b> |   |         |
| BIOL 2610                                       | Human Anatomy and Physiology I with Lab                   | 4       |
| BIOL 2620                                       | Human Anatomy and Physiology II with Lab                  | 4       |
| PSYC 1001                                       | General Psychology with Lab                               | 4       |
| IPE 1020  | Medical Terminology                                       | 1       |
| or IPE 1030                                     | Healthcare Teams Foundations and Medical Terminology      |         |
| PSYC 2025                                       | Lifespan Developmental Psychology                         | 4       |
| PSYC 3010                                       | Understanding Psychological Disorders                     | 4       |
| Select one of the following:                    |   | 4       |
| SOCI 1000                                       | Principles and Concepts of Sociology                      |         |
| SOCI 2300                                       | Sociology of Health and Medicine                          |         |
| SOCI 3250                                       | Cultural Anthropology                                     |         |
| Select one of the following:                    |   | 4       |
| ECON 1080                                       | Statistical Analysis for the Social Sciences              |         |
| ECON 1090                                       | Statistical Analysis for Decision Making                  |         |
| HLTH 1090                                       | Biostatistics   |         |
| PSYC 1090                                       | Statistical Methods in Psychology                         |         |
| STAT 1089                                       | Statistical Analysis with Corequisite                     |         |
| STAT 1090                                       | Statistical Analysis                                      |         |
| <b>Communication Studies Core Courses</b>       |   |         |
| COMM 1000W                                      | Communication Strategies for Social Justice               | 4       |
| COMM 1030                                       | Speaking to Lead and Influence                            | 4       |
| COMM 2050                                       | Media, Culture and Society                                | 4       |
| COMM 3070W                                      | Gender and Rhetoric                                       | 4       |
| COMM 3100                                       | Communicating across Cultures, Identities and Differences | 4       |
| COMM 4600                                       | Leadership and the Art of Persuasion                      | 4       |
| COMM 485X                                       | Senior Seminar  | 4       |

One additional 4000-level course 4

| <b>Graduate Courses Taken After Admission to Dual Degree Program</b> |  |           |
|--|--|-----------|
| OCTH 5010  | Human Occupation   | 3         |
| OCTH 5200  | Mental and Behavioral Health   | 3         |
| OCTH 5410  | Children, Adolescents, and Families  | 3         |
| OCTH 5500  | Neuroscience   | 3         |
| OCTH 5600  | Kinesiology for Rehabilitation   | 3         |
| OCTH 6000  | Foundational Skills for Occupational Therapy Practice                                    | 3         |
| OCTH 6010  | Seminar A: Entering the Profession   | 1         |
| OCTH 6020  | Seminar B and Level I Fieldwork - Psychological and Social Factors Impacting Performance | 1         |
| OCTH 6310  | Evidence Based Practice  | 3         |
| OCTH 6410  | Foundations of Research  | 3         |
| OCTH 6610  | Rehabilitation Concepts  | 3         |
| OCTH 6700  | Older Adults in Context  | 3         |
| <b>Total Credits</b>   |  | <b>93</b> |

Students who do not gain entry into the MAOT program after their junior year complete the major (B.A. degree) in communication studies.

## Exercise and Sport Science

This major is available in the College for Women only.

| Code  | Title  | Credits |
|---|--|---------|
| <b>Required Prerequisite Courses (pre-MAOT)</b> |  |         |
| BIOL 2610                                       | Human Anatomy and Physiology I with Lab              | 4       |
| BIOL 2620                                       | Human Anatomy and Physiology II with Lab             | 4       |
| IPE 1020  | Medical Terminology                                  | 1       |
| or IPE 1030                                     | Healthcare Teams Foundations and Medical Terminology |         |
| PSYC 1001                                       | General Psychology with Lab                          | 4       |
| PSYC 2025                                       | Lifespan Developmental Psychology                    | 4       |
| PSYC 3010                                       | Understanding Psychological Disorders                | 4       |
| Select one of the following:                    |  | 4       |
| SOCI 1000                                       | Principles and Concepts of Sociology                 |         |
| SOCI 2300                                       | Sociology of Health and Medicine                     |         |
| SOCI 3250                                       | Cultural Anthropology                                |         |
| Select one of the following:                    |  | 4       |
| ECON 1080                                       | Statistical Analysis for the Social Sciences         |         |
| ECON 1090                                       | Statistical Analysis for Decision Making             |         |
| HLTH 1090                                       | Biostatistics  |         |
| PSYC 1090                                       | Statistical Methods in Psychology                    |         |
| STAT 1089                                       | Statistical Analysis with Corequisite                |         |
| STAT 1090                                       | Statistical Analysis                                 |         |
| <b>Exercise and Sport Science Core Courses</b>  |  |         |
| EXSS 2650                                       | Introduction to Exercise and Sport Science           | 1       |
| EXSS 2800W                                      | Introduction to Research Methods in Exercise Science | 4       |
| EXSS 3200                                       | Health Behavior Psychology                           | 4       |
| EXSS 3350                                       | Kinesiology and Biomechanics with Lab                | 4       |
| EXSS 3450                                       | Exercise Physiology with Lab                         | 4       |
| EXSS 3550                                       | Exercise Testing and Prescription with Lab           | 4       |

|  |  |           |
|--|--|-----------|
| EXSS 3615  | Motor Learning and Motor Control   | 4         |
| EXSS 3750  | Care and Prevention of Athletic Injuries   | 2         |
| IPE 4200W  | Healthcare Teams - Evidence-Based Practice   | 4         |
| <b>Graduate Courses Taken After Admission to Dual Degree Program</b> |  |           |
| OCTH 5010  | Human Occupation   | 3         |
| OCTH 5200  | Mental and Behavioral Health   | 3         |
| OCTH 5410  | Children, Adolescents, and Families  | 3         |
| OCTH 5500  | Neuroscience   | 3         |
| OCTH 5600  | Kinesiology for Rehabilitation   | 3         |
| OCTH 6000  | Foundational Skills for Occupational Therapy Practice                                    | 3         |
| OCTH 6010  | Seminar A: Entering the Profession   | 1         |
| OCTH 6020  | Seminar B and Level I Fieldwork - Psychological and Social Factors Impacting Performance | 1         |
| OCTH 6310  | Evidence Based Practice  | 3         |
| OCTH 6410  | Foundations of Research  | 3         |
| OCTH 6610  | Rehabilitation Concepts  | 3         |
| OCTH 6700  | Older Adults in Context  | 3         |
| <b>Total Credits</b>   |  | <b>92</b> |

Students who do not gain entry into the MAOT program after their junior year complete the following courses for a major (B.S. degree) in exercise and sport science:

| Code                 | Title   | Credits   |
|----------------------|---|-----------|
| EXSS 3400            | Foundations of Sport Psychology                         | 4         |
| EXSS 3500            | Methods of Strength Training and Conditioning           | 4         |
| EXSS 4612            | Fieldwork   | 2         |
| EXSS 4614            | Fieldwork   | 4         |
| EXSS 4850            | Capstone  | 1         |
| CHEM 1110            | General Chemistry I with Lab                            | 4         |
| FSNU 2300            | Nutrition Foundations                                   | 4         |
| FSNU 3400            | Sports Nutrition  | 4         |
| IPE 2800             | Healthcare Teams: Opportunities and Challenges in Aging | 4         |
| <b>Total Credits</b> |   | <b>31</b> |

## Psychology

This major is available in the College for Women only.

| Code  | Title   | Credits |
|---|---|---------|
| <b>Required Prerequisite Courses (pre-MAOT)</b> |   |         |
| BIOL 2610                                       | Human Anatomy and Physiology I with Lab                                     | 4       |
| BIOL 2620                                       | Human Anatomy and Physiology II with Lab                                    | 4       |
| IPE 1020<br>or IPE 1030                         | Medical Terminology<br>Healthcare Teams Foundations and Medical Terminology | 1       |
| Select one of the following:                    |   |         |
| SOCI 1000                                       | Principles and Concepts of Sociology  | 4       |
| SOCI 2300                                       | Sociology of Health and Medicine  |         |
| SOCI 3250                                       | Cultural Anthropology   |         |

### Psychology Core Courses

|                   |  |   |
|-------------------|--|---|
| PSYC 1001         | General Psychology with Lab <sup>1</sup>           | 4 |
| PSYC 1090         | Statistical Methods in Psychology <sup>1</sup>     | 4 |
| PSYC 2025         | Lifespan Developmental Psychology <sup>1</sup>     | 4 |
| PSYC 3000         | Research Methods in Psychology                     | 4 |
| PSYC 3010         | Understanding Psychological Disorders <sup>1</sup> | 4 |
| PSYC 3XXX or 4XXX | Elective   | 4 |
| PSYC 4220W        | History and Systems                                | 4 |

|  |  |           |
|--|--|-----------|
| <b>Graduate Courses Taken After Admission to Dual Degree Program</b> |  |           |
| OCTH 5010  | Human Occupation   | 3         |
| OCTH 5200  | Mental and Behavioral Health   | 3         |
| OCTH 5410  | Children, Adolescents, and Families  | 3         |
| OCTH 5500  | Neuroscience   | 3         |
| OCTH 5600  | Kinesiology for Rehabilitation   | 3         |
| OCTH 6000  | Foundational Skills for Occupational Therapy Practice                                    | 3         |
| OCTH 6010  | Seminar A: Entering the Profession   | 1         |
| OCTH 6020  | Seminar B and Level I Fieldwork - Psychological and Social Factors Impacting Performance | 1         |
| OCTH 6310  | Evidence Based Practice  | 3         |
| OCTH 6410  | Foundations of Research  | 3         |
| OCTH 6610  | Rehabilitation Concepts  | 3         |
| OCTH 6700  | Older Adults in Context  | 3         |
| <b>Total Credits</b>   |  | <b>73</b> |

Students who do not gain entry into the MAOT program after their junior year complete the following courses for a major (B.S. degree) in psychology:

| Code   | Title   | Credits   |
|--|---|-----------|
| PSYC 2850  | Seminar I: Psychology Engages the World       | 2         |
| PSYC 4850  | Seminar II: Current Issues in Psychology      | 2         |
| Select two courses offering laboratory experimentation from the following:                         |   |           |
| PSYC 3030  | Health Psychology with Lab                    |           |
| PSYC 3250  | Socialization Processes with Lab              |           |
| PSYC 3350  | Learning Principles and Applications with Lab |           |
| PSYC 3450  | Memory and Cognition with Lab                 |           |
| PSYC 3550  | Industrial/Organizational Psychology with Lab |           |
| PSYC 3650  | Experimental Social Psychology with Lab       |           |
| PSYC 3850  | Biopsychology with Lab                        |           |
| Select one additional philosophy course in consultation with advisor. Recommended courses include: |   |           |
| PHIL 2200W   | Ethics  | 4         |
| PHIL 3820  | Philosophy of Psychology                      |           |
| PHIL 3400  | Biomedical Ethics                             |           |
| <b>Total Credits</b>   |   | <b>16</b> |

<sup>1</sup> Meets MAOT required prerequisite

## Public Health: Public Policy

This major is available in the College for Women and the College for Adults.

| Code   | Title  | Credits   |
|--|--|-----------|
| <b>Required Prerequisite Courses (pre-MAOT)</b>                      |  |           |
| BIOL 2620  | Human Anatomy and Physiology II with Lab   | 4         |
| IPE 1020<br>or IPE 1030  | Medical Terminology<br>Healthcare Teams Foundations and Medical Terminology              | 1         |
| PSYC 1001  | General Psychology with Lab  | 4         |
| SOCI 2300<br>or SOCI 3250  | Sociology of Health and Medicine<br>Cultural Anthropology                                | 4         |
| <b>Public Health Core and Concentration Courses</b>                  |  |           |
| HLTH 1090  | Biostatistics <sup>1</sup>   | 4         |
| HLTH 2050  | Foundations in Public Health   | 4         |
| HLTH 3150  | Epidemiology   | 4         |
| HLTH 3250<br>or HLTH 3210  | Global Health<br>Health Communications   | 4         |
| HLTH 3350  | Environmental Health   | 4         |
| HLTH 4700  | Practicum Preparation  | 2         |
| HLTH 4754  | Practicum  | 4         |
| HLTH 4800W   | Senior Seminar in Public Health  | 4         |
| BIOL 2610  | Human Anatomy and Physiology I with Lab <sup>1</sup>                                     | 4         |
| MGMT 3850<br>or ECON 3250  | Healthcare Policy<br>Healthcare Economics  | 4         |
| PSYC 2025  | Lifespan Developmental Psychology <sup>1</sup>   | 4         |
| PSYC 3010  | Understanding Psychological Disorders <sup>1</sup>                                       | 4         |
|  | One course related to the legal, economic and communication dimensions of health         | 4         |
| <b>Graduate Courses Taken After Admission to Dual Degree Program</b> |  |           |
| OCTH 5010  | Human Occupation <sup>2</sup>  | 3         |
| OCTH 5200  | Mental and Behavioral Health   | 3         |
| OCTH 5410  | Children, Adolescents, and Families  | 3         |
| OCTH 5500  | Neuroscience   | 3         |
| OCTH 5600  | Kinesiology for Rehabilitation   | 3         |
| OCTH 6000  | Foundational Skills for Occupational Therapy Practice                                    | 3         |
| OCTH 6010  | Seminar A: Entering the Profession   | 1         |
| OCTH 6020  | Seminar B and Level I Fieldwork - Psychological and Social Factors Impacting Performance | 1         |
| OCTH 6310  | Evidence Based Practice  | 3         |
| OCTH 6410  | Foundations of Research  | 3         |
| OCTH 6610  | Rehabilitation Concepts  | 3         |
| OCTH 6700  | Older Adults in Context  | 3         |
| <b>Total Credits</b>   |  | <b>95</b> |

Students who do not gain entry into the MAOT program after their junior year complete the following courses for a major (B.S. degree) in public health: public policy.

| Code                 | Title  | Credits  |
|----------------------|--|----------|
|                      | One additional social science course selected in consultation with advisor | 4        |
| <b>Total Credits</b> |  | <b>4</b> |

- <sup>1</sup> Meets MAOT required prerequisite  
<sup>2</sup> Counts for one Public Health major course

## Graduate-Level OT Courses Taken after Completion of One of the Bachelor's Degree Programs Listed Above

| Code                 | Title   | Credits   |
|----------------------|---|-----------|
| OCTH 5210            | Mental and Behavioral Health: The OT Process        | 3         |
| OCTH 5450            | Children, Adolescents, and Families: The OT Process | 3         |
| OCTH 5560            | Participation and Technology                        | 3         |
| OCTH 6030            | Seminar C and Level I Fieldwork Practice Reflection | 1         |
| OCTH 6040            | Seminar D: Readiness for Level II Fieldwork         | 1         |
| OCTH 6045            | Community and Advocacy                              | 3         |
| OCTH 6060            | Physical Assessment and Intervention Planning       | 3         |
| OCTH 6615            | Rehabilitation Practices                            | 3         |
| OCTH 6620            | Ethical Management                                  | 3         |
| OCTH 6710            | Older Adults - The OT Process                       | 3         |
| OSOT 7000            | Master's Project Seminar                            | 1         |
| OSOT 7500            | Master's Project                                    | 3         |
| OCTH 7700            | Level II Fieldwork                                  | 5         |
| OCTH 7710            | Level II Fieldwork                                  | 5         |
| <b>Total Credits</b> |   | <b>40</b> |